

PG DEPARTMENT OF PSYCHOLOGY

EXTENSION PROGRAMME

2020-21



A handwritten signature in green ink, appearing to be "U. Saidalvi".

Dr. U SAIDALVI
PRINCIPAL
NOBLE WOMEN'S COLLEGE, MANJERI
PULLANCHERI PO , PIN: 676 122

PG DEPARTMENT OF PSYCHOLOGY

EXTENSION ACTIVITIES IN THE ACADEMIC YEAR 2020-2021


PREFACE

Extension activities of the Department of Psychology provides a great service to the community as well as an experiential learning opportunity to our PG students and Final year UG students. The activities are conducted along with the support of the Psychology Alumni Association.

In the academic year 2020-2021 Covid 19 posed a threat to our society and it froze the activities of the people around the world. Covid 19 has also disrupted the academics of students and hence online education was implemented as the best solution for continuing education in the pandemic situation. The disruption caused by the pandemic, like the enormity of living in isolation, changes in daily life, job loss, financial hardships, grief over the death of loved ones has the capacity to affect the mental health and well being of many. Recognizing the mental health crisis the psychology department provided online counseling sessions to the public and named it as "Punaradhivasam"- E counseling in the pandemic.

In the month of January, under the Consultancy cell the department organized a free assessment camp to identify the students suffering from learning difficulties.




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DETAILS OF ONLINE COUNSELLING

METHOD

- TELEPHONIC COUNSELLING
- GMEET

SLNO	NAME OF THE CLIENT	DESIGNATION	PLACE	COUNSELLOR	DATE
1	Varsha KM	Student	Trivandrum	Anupama SR	12.12.20
2	Aadhi	Student	Trivandrum	Anupama SR	14.09.20
3	Mekha	House wife	Thrissur	Hajara	21.09.20
4	Mohammed Danish	Student	Malappuram	Suhana	19.08.20 24.08.20
5	Fathima Rinsha	Working	Malappuram	Jayisha	29.09.20
6	Reema	House wife	Malappuram	Fathima Shirin	16.08.20
7	Yoonus	Working	Malappuram	Saadiya	10.10.20
8	Sinan	Student	Malappuram	Naila	12.10.20




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NOBLE WOMEN'S COLLEGE, MANJERI
PG DEPARTMENT OF PSYCHOLOGY

at
IQAC
INITIATES



FREE ONLINE COUNSELLING SERVICES
 for all age groups

Break the pandemic and boost your mental health



നമ്മുടെ ആരോഗ്യത്തിനും മാനസികാരോഗ്യത്തിനും നല്ലതായ മാർഗ്ഗങ്ങൾ തിരഞ്ഞെടുക്കുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക.

കുടുംബത്തിലെ എല്ലാവരും പങ്കെടുക്കുന്നതാണ്. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക.

നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക. നമ്മുടെ മനസ്സിനെ ശക്തിപ്പെടുത്തുക.

Contact for taking appointments
 Ms. Anupama SR (MA, Mphil Consulting Psychology)
 9497776042
 Ms. Hajara (MSc Applied Psychology)
 8301896103

NOBLE WOMEN'S COLLEGE MANJERI
DEPARTMENT OF PSYCHOLOGY

Break the pandemic and boost your mental health

Counselling Services for Students, Parents and Teachers

Contact for appointments

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Worried about academic issues of children
 Worried about behavioural issues
 Worried about the pandemic waves

Under the Psychology consultancy cell, PG Dept. of Psychology provided free counselling services for the needy ones during Covid 19. The department faculties and alumae team led the counselling sessions through online.



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FREE ASSESSMENT CAMP 2020

Under the Psychology Consultancy cell, PG students under the guidance of department faculties conducted free assessment related to learning difficulties for students at HMYHSS Manjeri. The assessment details includes case history taking, observations, conclusions and recommendations

LIST OF PG STUDENTS PARTICIPATED IN THE ASSESSMENT CAMP ON 24.01.20





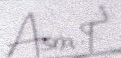

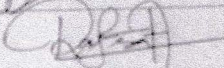
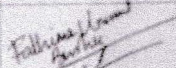






SLNO.	NAME OF THE STUDENT
1	REEMA KV
2	SHANA SHIRIN KK
3	FAHIMA JABIN
4	LAMEEA N
5	ASNA T
6	DILNA SHAHILI C
7	RAFSA ABDUL JALEEL
8	FATHIMA UMMUL BUSHRA
9	HARIFA
10	SAFWA U
11	MAJIDHA NUSRIN
12	SANAHA E.P
13	ADHEELA P
14	FATHIMA HIBA P




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PARTICIPATION LIST OF STUDENTS

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