## NOBLE WOMEN'S COLLEGE MANJERI NATIONAL SERVICE SCHEME UNIT NO 170

### BEAT THE PLASTICS 6/06/2018 PLASTIC AWARENESS CAMPAIGN

The NSS Unit 170 of NWC organized an awareness session at our adopted village in observance of Environmental Day. The theme for this year's observation was "Beat the Plastics." The event aimed to educate the community about the detrimental effects of plastic pollution and promote sustainable practices to mitigate its impact. Volunteers from NSS Unit 170 conducted informative talks on plastic pollution, its causes, and the environmental consequences associated with it. They highlighted the importance of reducing, reusing, and recycling plastic products to minimize pollution. The awareness session succeeded in sensitizing the villagers about the detrimental effects of plastic pollution and the urgency to address this pressing environmental issue.50 NSS Volunteers participated in the awareness campaign.

### ANTIPLASTIC CAMPAIGN AT ADOPTED VILLAGE ON 6/6/2018









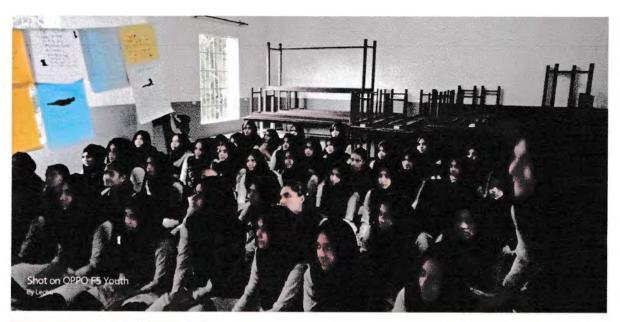
### INTERNATIONAL YOGA DAY 21/06/2018

The Noble Women's College observed International Yoga Day on June 21, 2018, in alignment with the global celebration of yoga's significance in promoting holistic health and well-being. The event was organized by the NSS (National Service Scheme) unit of the college. The observance aimed to foster awareness about the benefits of yoga and encourage its practice among students and staff members.Dr. Abdul Salam, the esteemed Principal of Noble Women's College, graced the occasion as the presiding authority and inaugurated the program. His presence and support underscored the college's commitment to promoting wellness and mindfulness through yoga. The program commenced with a warm welcome speech delivered by Anupama SR, the NSS Program Officer. She extended greetings to all attendees and emphasized the significance of International Yoga Day in promoting physical, mental, and spiritual health.. A session on yoga was conducted by Sri Balagopalan, the college's Physical Education Instructor. With expertise and enthusiasm, he guided participants through various yoga asanas (postures) and pranayama (breathing exercises), emphasizing their health benefits and significance in achieving harmony of mind, body, and spirit. The program concluded with a vote of thanks delivered by NSS volunteer Nandhini A. She expressed gratitude to all participants, organizers, and dignitaries for their contributions to the success of the event. She also reiterated the importance of embracing yoga as a lifestyle for overall well-being. A total of 50 NSS Volunteers participated in the programme. Volunteers organized a chart exhibition which highlighted the importance of voga in daily life.

### PHOTOS OF INTERNATIONAL YOGA DAY 21/06/2018



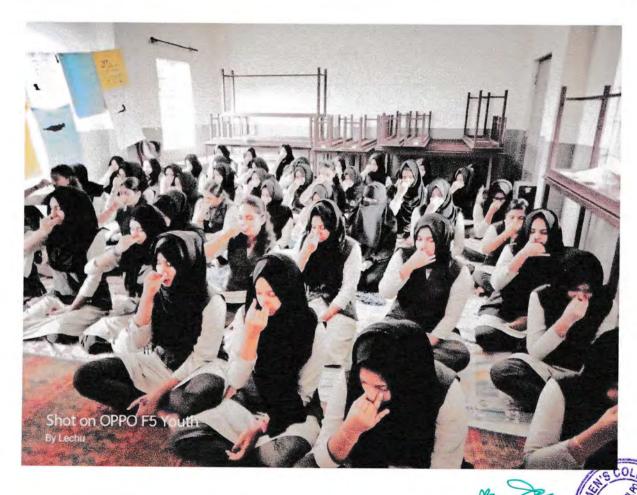












Dr. U SAIDALVI

PRINCIPAL NOBLE WOMEN'S COLLEGE, MANJERI PULLANCHERI PO, PIN: 676 122

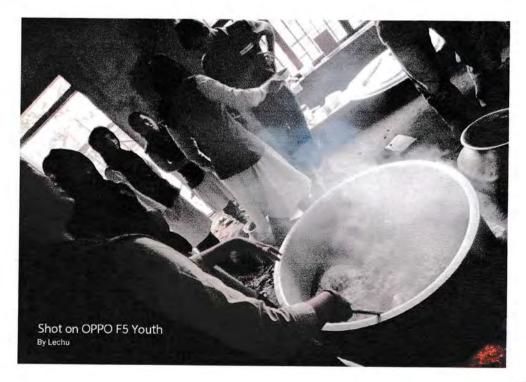
### 31/07/2018 Preparation of Traditional Ayurveda Recipe Karkkidaka Kanji

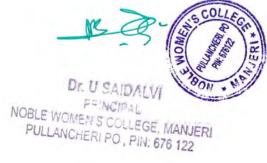
In the month of July, the NSS (National Service Scheme) volunteers at NWC undertook a significant initiative to prepare Karkidaka Kanji, a traditional medicinal porridge, as part of promoting health and wellness among the community. The event saw the active participation of 50 volunteers, along with the invaluable cooperation of staff members. The primary objective of preparing Karkidaka Kanji was to introduce the community to the medicinal benefits of Karkidaka Kanji, a traditional Ayurvedic recipe and promote awareness about the importance of holistic health and wellness. Prior arrangements were made by the NSS coordinators and staff members to organize the Karkidaka Kanji preparation session. Ingredients including medicinal herbs, rice, spices, and other necessary items were procured.50 NSS volunteers actively participated in the session, demonstrating enthusiasm and commitment towards the initiative. They were divided into groups and assigned specific tasks, including ingredient preparation, cooking, and serving. Under the guidance of experienced staff members or volunteers knowledgeable about Avurvedic principles, the cooking process commenced. Volunteers meticulously followed the traditional recipe, combining medicinal herbs and spices with rice to prepare the nutritious porridge. Throughout the session, volunteers and staff members provided educational insights into the medicinal properties of Karkidaka Kanji, explaining its significance in Ayurvedic medicine and its therapeutic benefits for health and wellness. Participants gained awareness about the medicinal properties of Karkidaka Kanji and its role in promoting health and wellness, particularly during the monsoon season.

### PREPARATION OF KARKKIDAKA KANJI AT NWC CAMPUS ON 31/07/2018









#### **CAMPUS CLEANING 4/08/2018**

The NSS Unit of Noble Women's College organized a campus cleaning drive as part of the Swachh Bharat Abhiyan, a nationwide cleanliness campaign initiated by the Government of India. The objective of the activity was to promote cleanliness, hygiene, and a sense of responsibility among the students towards their environment. The event took place on and saw enthusiastic participation from 50 volunteers comprising students and staff members. The primary aim of the campus cleaning drive was to promote cleanliness and hygiene within the college premises and raiseawareness about the importance of maintaining a clean environment. On the day of the event, all volunteers gathered for a briefing session where the objectives, safety guidelines, and tasks were explained. Volunteers were divided into teams and assigned specific areas for cleaning.: Volunteers actively participated in cleaning various areas of the campus, including classrooms, corridors, lawns, and common areas. They collected litter, swept floors, picked up trash, and ensured proper disposal of waste. By actively participating in the Swachh Bharat Abhiyan, the college reaffirmed its commitment to promoting cleanliness, hygiene, and environmental conservation. Such initiatives not only contribute to the well-being of the campus but also instill values of responsibility and civic engagement among students, preparing them to be conscientious citizens of the nation.



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#### 30/08/2018 PAPER BAG MAKING

On August 30, 2018, an event was organized at NWC Campus as a part of the "Beat the Plastics" awareness campaign. The focus of the event was to promote sustainable alternatives to plastic bags by engaging participants in the process of making paper bags. The event saw enthusiastic participation from 45 volunteers who were keen to contribute to the reduction of plastic usage and spread awareness about environmental conservation. The primary objective of the paper bag making event was to raise awareness about the detrimental effects of plastic pollution on the environment, promote the use of eco-friendly alternatives such as paper bags, encourage active participation and engagement of volunteers in sustainable practices. Volunteers gained practical skills in paper bag making, empowering them to continue practicing eco-friendly habits and sharing their knowledge with others. By actively participating in the paper bag making process, volunteers were inspired to reduce their reliance on plastic bags and adopt more eco-friendly practices in their daily lives.

### PHOTOS OF PAPER BAG MAKING









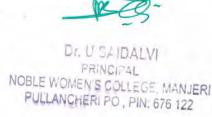




#### 15/08/2018 MIME SHOW AT NEW BUS STAND

On the occasion of Independence Day, NSS Unit No. 170 of Noble Women's College organized a compelling mime show at the New Bus Stand in Manjeri. The event aimed to commemorate the spirit of freedom and patriotism while also spreading awareness about significant national themes. A total of 40 dedicated NSS volunteers participated in the programme which was themed around various aspects of nationality. The primary objectives of the mime show were to celebrate the spirit of Independence Day and instill a sense of patriotism among the audience and tocreatively convey important messages related to national identity, unity, and social issues through mime performances. NSS Unit No. 170 meticulously selected themes pertinent to national identity, unity, and social issues, aligning them with the spirit of Independence Day. Detailed planning and scripting were conducted to ensure effective communication through mime performances. NSS volunteers underwent rigorous rehearsals and training sessions to perfect their mime performances. Emphasis was placed on body language, expressions, and synchronization to effectively convey the chosen themes without the use of words. On the designated day, the NSS volunteers gathered at the New Bus Stand in Manjeri, where a significant audience was expected. The mime

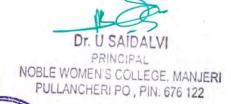




performances commenced, captivating the attention of passersby and commuters. The mime performances were carefully crafted to convey powerful messages related to nationality, unity in diversity, patriotism, social harmony, and the importance of preserving national heritage. Each performance depicted a different aspect of the chosen themes, evoking thought and emotion among the audience. NSS volunteers showcased their creativity and talent through mime performances, effectively conveying complex messages without the use of words. The event inspired and motivated the audience to actively contribute to the betterment of society and uphold the principles of freedom, equality, and justice.







## HEALTH AND WELL BEING AWARENESS SESSION AT SCHOOLS BY NSS VOLUNTEERS on 9/10/2018 and 12/10/2018

In connection with Mental Health Day, NSS (National Service Scheme) volunteers from Noble Women's College (NWC) organized a comprehensive health awareness session at schools within the community. The event aimed to raise awareness about mental health issues and promote overall well-being among students. A total of 50 enthusiastic NSS volunteers actively participated in conducting the program. The primary objectives of the health awareness session were to educate students about the importance of mental health and well-being and to raise awareness about common mental health issues and reduce stigma surrounding them. NSS volunteers visited several schools within the community to conduct the awareness session. They were warmly welcomed by school authorities and students, creating a conducive environment for learning and discussion. NSS volunteers delivered interactive presentations on various aspects of mental health, covering topics such as stress management, anxiety, depression, and coping mechanisms. Real-life examples and case studies were shared to illustrate key concepts. Students actively participated in group discussions and interactive activities designed to promote reflection and engagement. Topics such as self-care practices, building resilience, and seeking support were explored in depth.















### AWARENESS SESSION AT HIGHER SECONDARY SCHOOLS ON 12/10/2018



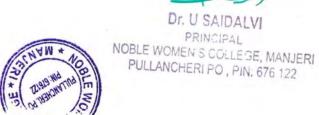












#### STREET PLAY AND RALLY ON 10/10/2018 AT NEW BUS STAND

In association with the Psychology Department, an impactful street play was organized at the Manjeri New Bus Stand to commemorate Mental Health Day. The objective of the street play was to raise awareness about mental health issues, reduce stigma, and promote well-being in the community. The event witnessed the enthusiastic participation of 50 volunteers who were dedicated to spreading awareness and initiating conversations about mental health. The primary objectives of the street play were to raise awareness about the importance of mental health and well-being and to address common misconceptions and reduce stigma surrounding mental illness. Volunteers, in collaboration with the Psychology Department, meticulously planned the street play, focusing on creating a compelling narrative that would effectively convey key messages about mental health. Extensive rehearsals were conducted to ensure that volunteers were well-prepared to deliver impactful performances that would engage and resonate with the audience. The street play addressed various themes related to mental health, including stress, anxiety, depression, and the importance of seeking help. Through powerful performances and storytelling, volunteers conveyed messages of hope, resilience, and support. Through the street play, misconceptions and stigma surrounding mental illness were addressed, fostering greater understanding and empathy towards individuals experiencing mental health challenges. The street play provided a platform for meaningful engagement between volunteers and the community, creating opportunities for education, support, and solidarity. By sharing information about mental health resources and services, the event empowered individuals to seek help and support when needed, promoting overall well-being and resilience. The street play organized at the Manjeri New Bus Stand in association with the Psychology Department was a significant initiative to raise awareness about mental health and promote well-being in the community. Through powerful performances and interactive engagement, volunteers effectively conveyed messages of hope, support, and resilience, contributing to the destignatization of mental illness and the promotion of mental health awareness.









### PHOTOS OF RALLY CONDUCTED BY TEAM NSS AT NEW BUS STAND





## WALL PAINTING BY VOLUNTEERS AT GUP SCHOOL VETTEKODE IN THE MONTH OF MARCH 2018 ORGANIZED BY SUCHITWA MISSION TEAM

In the month of March 2018, 35 enthusiastic NSS (National Service Scheme) volunteers undertook a commendable initiative to paint the walls of GUP School on the topic of environmental protection. The program was conducted in association with the Suchitwa Mission Team Malappuram and garnered significant recognition by winning the first prize at the district level. The primary objective of the wall painting initiative was to raise awareness about environmental protection and conservation among students, faculty, and the community and to utilize art as a medium for conveying important messages about the importance of preserving the environment.NSS volunteers, in collaboration with the Suchitwa Mission Team, meticulously planned and prepared for the wall painting activity. The theme of environmental protection was chosen to highlight the significance of preserving natural resources and fostering sustainable practices. Volunteers brainstormed creative ideas and designs for the wall paintings, incorporating visually appealing imagery and messages related to environmental conservation. With careful planning and coordination, they executed the designs on the walls of GUP School, transforming them into vibrant and impactful artworks. The wall painting activity attracted the attention of students, teachers, and members of the community, sparking meaningful conversations about environmental issues and the role of individuals in protecting the planet. Volunteers actively engaged with spectators, sharing information and insights about the importance of environmental stewardship. The exemplary efforts of the NSS volunteers were recognized and celebrated at the district level, where the wall painting initiative won the first prize. This achievement served as a testament to the dedication and creativity of the volunteers in promoting environmental awareness through art.

### PHOTOS OF WALL PAINTING AT GUP SCHOOL











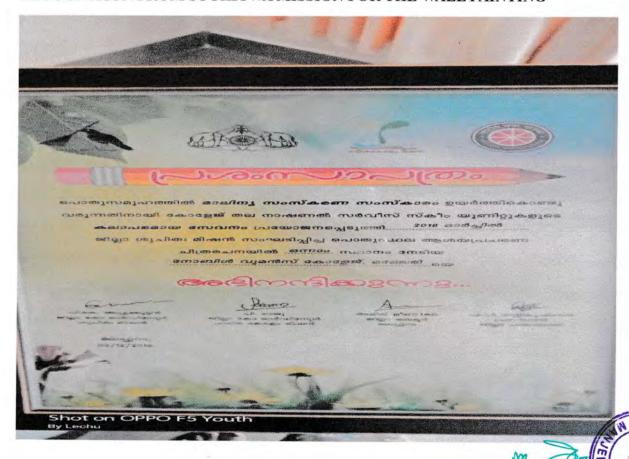








### RECOGNITION FROM SUCHITWA MISSION FOR THE WALL PAINTING





# REPORT ON DONATION OF CHAIRS TO POLICE STATION BY NSS ON $31^{\rm ST}$ MARCH 2018

The NSS (National Service Scheme) unit of NWC undertook a noble initiative to donate chairs to the local police station as a gesture of appreciation and support for the hard work and dedication of the police force. The donation ceremony took place on 31<sup>ST</sup> March to express gratitude and appreciation to the police force for their tireless efforts in maintaining law and order and ensuring the safety and security of the community.NSS volunteers sourced and procured a set of chairs that were suitable for the requirements of the police station. Consideration was given to factors such as durability, comfort, and functionality.On the designated day, a formal donation ceremony was held at the police station premises. NSS volunteers, along with faculty members and dignitaries, were present to hand over the chairs to the police station authorities. During the ceremony, speeches were delivered by representatives from both the NSS unit and the police station, expressing gratitude for the collaborative effort and emphasizing the importance of community-police relations.



#### PUSTHAKATHOTTIL AT ANGANWADI ON 23/12/2018

The NSS (National Service Scheme) volunteers undertook a heartwarming initiative to donate storybooks to the Anganwadi center in our community. The event took place in 23<sup>RD</sup> December 2018 symbolizing the spirit of giving and sharing. The primary objective of the book donation initiative was to promote literacy and early childhood education by providing children at the Anganwadi center with access to quality storybooks and to encourage a love for reading and learning among young children, fostering their cognitive development and imagination. Following the book donation, an interactive storytelling session was conducted for the children at the Anganwadi center. NSS volunteers engaged the children in storytelling, using the donated books to bring the stories to life and spark their imagination. The collaborative effort between NSS volunteers, Anganwadi authorities, and community members fosters a sense of unity and shared responsibility towards promoting early childhood education. The initiative empowers children to explore the world of books and literature, nurturing their creativity, empathy, and critical thinking skills. The book donation to the Anganwadi center by NSS volunteers exemplifies the spirit of generosity and community service. Through this initiative, children are provided with the tools and opportunities to embark on a journey of learning and discovery, setting them on a path towards a brighter future. Encourage ongoing engagement and involvement of NSS volunteers in activities aimed at promoting literacy and education in the community.

### **VOLUNTEERS AT ANGANWADI**





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#### SPECIAL CAMP REPORT

### SEVEN DAY SPECIAL CAMP REPORT (19.12.18 TO 25.12.18)

### JWALA 2K18

### **CAMP REPORT**

National service scheme (NSS) is a unit that is designed on the higher secondary schools and colleges for the purpose of personality development, leadership building and social service mentality in students with the cooperation of the cental government. Values such as the morality, humanity, social service, cooperation and co-existence are being able to gained through the activities of NSS.

One of the most important activities of NSS is the 7 day co-existence camp. All the NSS volunteers working together in different activities bring significant changes in their personality and in their method of doing things. The seven day special camp of unit no 170 was held at Vettekode, vadakkeparambu colony from 19.12.18 to 25.12.18. The activities of special camp were centered in the colony areas of vadakkeparambu.

The home for homeless project ABHAYAM related works were conducted during the camp time. Schutiwa Mission related works awareness and wall painting were done at colony areas, different shops .Conducted survey related to the management of wastes and illness .A special awareness sessions regarding the reduction of plastic usage was also done. Motivation classes, awareness sessions, skill development training programs were conducted in which 50 students participated.

The welcome committee which included the ward representatives, college principal, programme officer, volunteer secretary had planned and drafted many programmes in advance, before the commencement of the camp. The volunteers were bestowed with different duties and responsibilities dividing them in to different groups. Inorder to make the activities of camp more easier with in the students many committee were also made.

The camp started on 19.12.18 Wednesday evening 4pm with registration and ended on 25-12-18 Tuesday with the closing ceremony.

### DAY 1-19.12.18 (WEDNESDAY)

The first day camp started in the evening at 4.00 pm with the procedure of registration. Each volunteers was distributed the volunteer badge at the time of registration. Later on camp orders were followed. A proclamation raaly was done at manjeri town related to the camp. It was flag off by traffic SI shri. Mohammed Sir.

On the first day, the college principal, teachers of the college and all NSS volunteers participated in the camp induction ceremony. The induction started with the NSS song. The programme began with the Welcome speech by the NSS Secretary. Thanksha. P. After that Mr

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.Abdussalam.PK(Principal), Mrs.Jaseela (Student dean, Dept. of Arabic) ,Mr.Moideen kutty ,gathered instructions and felicitated them.After that the camping site was introduced and ice breaking was done under the guidance of Miss Anupama (Programme Officer ).All the volunteer met each other and came close to each other.8 to 9 pm was the time allotted for food, prayer and communication.After that the NSS Co-ordinator gave instructions for the camp.The individual groups were allotted their duties for each day.The group on mess duty were given instructions.After which all members were ready to prepare the camp diary, camp paper and day report.Thus ended the first day of the camp.

### DAY 2-20/12/18 (THURSDAY)

The second day camp started with the morning bed coffee at 5.30 am. Yoga session was conducted under the guidance of Programme officer, The body and mind of the volunteers are rejuvenated through some simple yoga techniques.

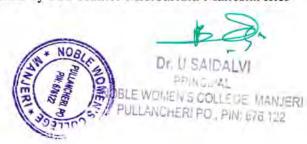
Assembly was from 7 to 7.30 am. Which began with the NSS song, the group for that day presented the days message .After that the volunteers got ready for that days official inauguration.After morning breakfast, the NSS volunteers and teachers were escorted to the camp inaugural session. The inaugural session was started at 9.30 pm. The session began with the NSS song. After the The programme officer Miss Anupama gave the welcome speech. The inaugural session was presided by Hon Principal Dr.PK Abdussalam, Manjeri Police station SI Shri Jaleel inaugurated the function. The college management team members Shri Ismail, Dr. Yunus and College staffs Mr. Abdul Latif (Asst. Pro. Computer Science), Mr. Moideenkutty and Smt. Shahana Sherin (college union Chair person) gave felicitation. The programme ended with the vote of thanks by the NSS Secretary Miss. Thanusha. P.

After the inaugural session Volunteers were camped at Anganavadi and handover the books to library. An interactive session with kids went well and cultural programmes too. Volunteers wishes all the kids a very good future and they motivated them to be a active. After that a visit to the colony was done by the volunteers which was focused on giving awareness related to the wate management. Evening a session on "Journey to moon" was arranged and Mr. Nasa Gafoor handled the session. After that camp review and cultural events was performed at the stage according to the assigned lists. After camp report all volunteers were off to bed.

### DAY 3- 21/12/18 (FRIDAY)

The second day camp started with the morning bed coffee at 5.30 am. Yoga session was conducted under the guidance of Programme officer ,The body and mind of the volunteers ere rejuvenated through some simple yoga techniques

After assembly volunteers were went to camp site. They went to the colony houses and started giving awareness regarding the importance of reducing the plastic usages and gave paper bags to them. The volunteers were grouped and they were send at different locations. The abhyam project works were done during the day and they worked for raising fund. In the afternoon a session on Group Dynamics was arranged which was handled by JCI Trainer Mrs. Saritha Mahesh. After



evening tea sports activities went well and the day ends after the camp review, reporting and cultural programmes.

### DAY 4-22/12/18 (SATURDAY)

The third day camp was started like the previous days with the morning bed coffee. Physical exercises was practiced under the guidance of the general captain Fathima Sherin. After breakfast volunteers went for the abhayam fund collection and other group for the awareness session related to the protection of the village. After that the volunteers were asked to submit the project report related to the topics of nature and its prevention. Afternoon a session on "ARANGILE KARUTHU" was handled by Mr. Ismail Theater artist. After evening tea and sports report reading , camp review and cultural programmes were occurred. The ends with making new suggestions for the improvement of the colony areas.

### DAY 5-23/12/18 (SUNDAY)

The day started as usual. Morning, skill development training was started and it was handled by Mrs.Sajni.After the session garden plantation was done at colony houses. The day ended after camp review and reporting. Cultural programmes and debate was conducted during the day and the volunteers were actively participated in all the programmes.

### DAY 6-24/12/18 (MONDAY)

The day started as usual with the bed coffee. After breakfast volunteers went for abhayam work and wall painting near by the colonies related to schuchitwa mission work. Afternoon soft skill development training was handle by Mr. Nisar Soft skill trainer and which was helpful for the volunteers for improving their confidence etc. The day ends after camp review and reporting. After that cultural programmes were performed by the volunteers.

### DAY 7-25/12/18 (TUESDAY)

The day started with the bed coffee. After yoga and breakfast camp site cleaning was done by the volunteers and discussed about the experiences from the camp. After lunch valedictory function was conducted which was under the presidential address of Dr. Abdussalam (Principal). Welcome speech was done by Programme officer and College teaching staffs Mr. Moideenkutty, Mr. Abdul Latheef, Mrs. Sakeena, Miss shahana sherin (chair person) done felicitation and the camp magazine jwala was released by Principal and handed over to Senior staff Mr. Moideen kutty. The valedictory function ends with the vote of thanks From Thanusha. P (NSS Secretary).



## PHOTOS FROM NSS CAMP MORNING ASSEMBLY



TRAINING SESSIONS





# ORIENTATION TRAIING SESSION BY MR ISMAIL (NSS PO. HM COLLEGE MANJERI)









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### COFFEE PAINTING SESSION TO VOLUNTEERS



### PERSONALITY DEVELOPMENT SESSION BY MS SARITHA K (JCI TRAINER)





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### MOTIVATION TRAINING SESSION BY MR NISAR



### OTHER PROGRAMMES

### TEACHERS DAY SEPTEMBER 5TH 2018

NSS (National Service Scheme) Team, under the guidance of Dr. Abdulsalam, Principal of NWC organized a vibrant and memorable celebration on the occasion of Teachers' Day. The event was a testament to the NSS team's commitment to fostering camaraderie and appreciation among the faculty members. The event commenced with an inaugural ceremony graced by Dr. Abdulsalam, Principal of the institution. His inspiring words set the tone for the day's festivities, emphasizing the invaluable role teachers play in shaping the future of the nation. Dr. Abdulsalam's presence added a sense of reverence to the occasion, motivating everyone present to actively participate in the day's activities. Teachers, the focal point of the celebration, actively engaged in various games and activities organized by the NSS team. These activities aimed not only to provide a break from the routine but also to encourage team spirit and foster a sense of belongingness among the faculty members. The enthusiastic participation of teachers in these activities showcased their willingness to embrace joyous moments of camaraderie outside the confines of the classroom. It was heartening to witness educators letting loose and relishing the opportunity to bond with their colleagues in a relaxed and jovial atmosphere.











### 24/09/2018 DONATION TO TRIBAL AT NILAMBUR

On NSS Day, volunteers diligently collected and generously donated Rs 10,000 to support the tribal community in Nilambur, fostering solidarity and empowerment within the marginalized population. The amount was handed over by Hon. Principal Dr Abdulssalam in the presence of Volunteers to tribal team.





### AWARENESS SESSION ABOUT REPTILE AND POISON 2ND MARCH 2018

Rahman, an esteemed representative from the Forest Department, conducted a highly informative session aimed at raising awareness about snakes and poison. The session was designed to educate individuals on how to recognize and safely handle encounters with snakes, as well as the appropriate measures to take in case of poisoning. Attendees gained valuable insights into the behavior of snakes, prevention strategies, and emergency response procedures. The Resource Person provided detailed guidance on identifying venomous snakes commonly found in the region, emphasizing key distinguishing features and behaviors. Participants learned to differentiate between venomous and non-venomous species, enabling them to make informed decisions when encountering snakes in their surroundings. Participants received comprehensive training on administering first aid for snakebites, including the importance of remaining calm, immobilizing the affected limb, and seeking prompt medical assistance. Through engaging discussions, Rahman highlighted preventive measures to reduce the likelihood of snake encounters and subsequent bites. Attendees gained insights into habitat modification, effective waste management, and the importance of maintaining vigilance in snake-prone areas to mitigate risks.







### CYBER CRIME AWARENESS SESSION BY MR ANEESH CHACKO ON 25/09/2018

On September 25, 2018, an enlightening Cyber Crime Awareness Session was organized by NSS team and the Resource Person was Civil Police Officer Aneesh Chacko, aimed at equipping individuals with essential knowledge to combat the growing threat of cybercrime. The event witnessed active participation from 50 enthusiastic volunteers, eager to enhance their understanding of this critical issue. The session provides an overview of the various types of cybercrimes prevalent in today's digital age. The session covered a wide range of topics. including: Common cyber threats such as phishing, malware, and identity theft. Best practices for securing personal and sensitive information online. Tips for identifying and avoiding online scams and fraudulent activities, Legal aspects and consequences of engaging in cybercrime. The session encouraged active participation through interactive discussions and a question-and-answer segment. Volunteers had the opportunity to share their own experiences, seek clarification on specific concerns, and engage in meaningful dialogue with Officer Chacko. This interactive approach facilitated a deeper understanding of the subject matter and empowered participants to take proactive measures to protect themselves and their communities from cyber threats. The Cyber Crime Awareness Session conducted by Civil Police Officer Aneesh Chacko proved to be an invaluable learning experience for all participants. By raising awareness about the dangers of cybercrime and providing practical insights into prevention and response strategies, the session equipped volunteers with the knowledge and tools necessary to navigate the digital landscape safely and securely. The NSS team extends its sincere gratitude to Civil Police Officer Aneesh Chacko for his informative and engaging session, as well as to all the volunteers who actively participated and contributed to making the event a success.











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