

**NOBLE WOMEN'S COLLEGE MANJERI**


**NSS REPORTS 2019-2020**

**05.06.2019 WORLD ENVIRONMENT DAY**

**In connection environment day Principal Saritha K handed over medicinal plant to Dr Pramod Irumbuzhi as a part of the awareness creation**



**Principal Saritha K handed over medicinal plant to Dr Pramod Irumbuzhi as a part of the awareness creation dated 05/06/2019**

  
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**05.06.2019 WORLD ENVIRONMENT DAY**

**Theme : Beat the air pollution .**

In connection with World environment day volunteers spread awareness to explore renewable energy and green technologies and improve air quality in cities and regions.50 Volunteers involved in the activities. Dr Pramod Irumbuzhi, naturalist gifted medicinal plants to volunteers and college principal.

**SAPLING PLANTATIONS AT COLLEGE CAMPUS**



  
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## 14.06.2019 SBSI INTERNSHIP PROJECT DETAILS

### AIM

#### ➤ Public hygiene and health

The objective of this internship programme is to engage the youth across the country and develop their skill and orientation for sanitation related work, amplify mass awareness on cleanliness. It was found to be very effective while raising awareness related to the cleanliness matters. It was through the plays, folk songs and posters the village peoples and the students learned about the fact.

**National Service Scheme**  
Enrolment of NSS Volunteers under Swachh Bharat Summer Internship (SBSI) 20-50 Hours of Swachhata during 10th June, 2019 - 31st July, 2019

Name of Regional Directorate of NSS

Sr. No.	Name of the NSS Volunteer Team (name of team)	No. of Team members (in case of team)	Gender	Name of NSS Volunteer Team Leader (in case of team)	Mobile No. of NSS Volunteer Team Leader (in case of team)	Email	District	State	Cluster Selected (EC/SW)	Type of Project Undertaken (Refer enclosed guidelines)	Period during which the activities would be undertaken	Name of the Village(s) / Locality where SBSI activities would be undertaken
1	Swachh Bharat	20	Female	[Image]								
2	Swachh Bharat	20	Female	[Image]								

Note: Daily Report on the number of NSS interns enrolled should be submitted to the Regional Directorate of NSS concerned for onward submission to Directorate of NSS

Name and Signature of the Programme Officer: *[Signature]*

Name and Signature of the Programme Coordinator: *[Signature]*

### METHOD

A training was given to the volunteers regarding the importance of cleanliness and health, the proper way of waste management and importance of sanitation and asked them to make aware of the people around us.

Hence a total of 40 students were divided in to three groups with team leaders and are assigned to work in schools, colleges, village homes and the shops for giving awareness and information related to the importance of cleanliness, waste management and importance of sanitation.

Also to create awareness at nearby shop, volunteers made paper bag and gave it to them to avoid the usage of plastic covers and promote the usage of paper bags.



*[Signature]*  
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At schools and college volunteers demonstrated how to make paper bags and were asked to make painted bottles from wasted soft drink bottles. Also asked to make pen stand by rolling pens by showing the pictures. At colleges department wise training were given to the students by volunteers and conducted an exhibition by using the materials made from the waste bottles, plastics etc.

## DETAILS OF WORK DONE

### INFORMATION-EDUCATION-COMMUNICATION ACTIVITIES

- Created awareness about waste management
- Village and school level promotion -folk song and theme presentation
- Exhibition on local waste management
- Plastic management
- Antiplastic campaign and plastic management
- Organized village street cleaning
- Method of waste management
- survey

Volunteers created awareness in villages, colleges, higher secondary schools and UP –LP school for creating awareness. In our college cartoon competition was conducted related to the theme “sanitation ,environment and people”.

In Villages and shops volunteers created awareness about the sanitation and and conveyed information by providing them paper bags. Also volunteers gave awareness regarding the 3Rs.

**OUTCOME AND ACHIEVEMENT:** The school students got the awareness regarding the negative side of plastic usage and also they are promised to conduct an antiplastic campaign and decided to reduce the use of plastics.

Village peoples and shop owners recommended to take a session on waste management and plastic usage issues to “kudumbasree” team and follow up need to be do regarding the same.

The folk song and presentation was attracted to the students which make them more informative. Also the volunteers conducted an exhibition which was done in the college in which the materials exhibit are made from the reusable plastics.

Also the volunteers cleaned village streets and they are recommended to use plastic free materials. Also they conducted a survey, from that it was noticed that majority of the houses are conscious about the cleanliness .It was noticed that proper way of house hold waste management was going on the village main streets but it seems to be lack on the remote area. The volunteers are focused on such areas and created awareness.As a part of the programme NSS unit takes initiative to implement the incinerator at college and was successfully done.



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**ORIENTATION SESSION AT NEAR BY SCHOOLS AND VILLAGE SURVEY**



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**ORIENTATION SESSION AT COLLEGE**



**CAMPUS CLEANING DRIVE**



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## PAPER BAG MAKING



## 26.07.2019 ASSAM RELIEF FUND COLLECTION

NSS unit collected an amount as a contribution to Assam flood relief and handover to Panakkad Mueenali Thangal (9100/-). NSS Volunteers collected dress materials for flood victims and handover in the presence of college Principal and administrative officer.



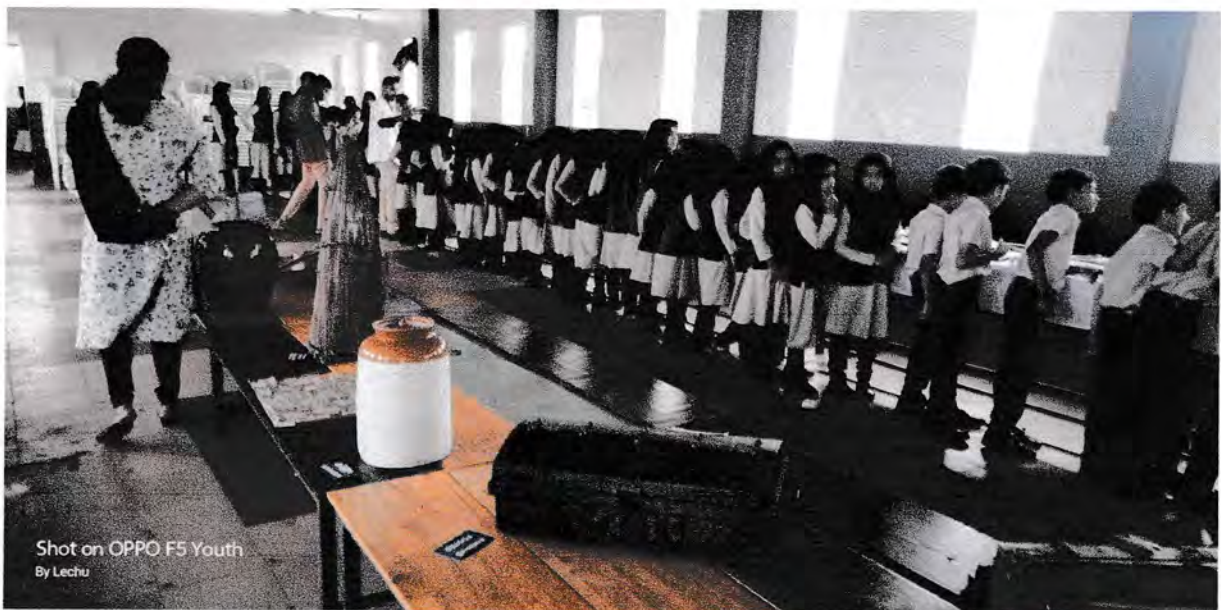
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## 22.10.19 FUND COLLECTION FOR KIDNEY PATIENT

NSS team collected an amount of Rs 4000/- and handed over to the kidney patient at Malappuram. For collecting the fund an exhibition was organized which contains the traditional materials



  
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**College Principal, NSS Programme Officer, NSS Secretary and joint Secretary hand over kidney relief fund**



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1.12.2019

**WORLD AIDS DAY**

In connection with World Aid's day Volunteers performed a theme presentation at Indian Mall, Manjeri with posters and pluck cards. Principal Saritha Mahesh inaugurated the session. NSS Programme officer welcome the session and audience. Indian Mall manager Mr Reji Felicitated the programme.



*Sarita Mahesh*  
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#### 10.10.19 MENTAL HEALTH CAMP/RALLY/THEME PRESENTATION

In connection with world mental health day NSS Unit in collaboration with Psychology department conducted Rally to spread the awareness related to theme “Mental Health Promotion and Suicide Prevention”. Followed by the rally volunteers presented theme related to the importance of the protection of mental health at New Bus stand Manjeri. The theme was also presented in the college campus to create awareness. NSS volunteers assisted Psychology department on mental health camp which aims to identify the learning difficulty students.

The programme was inaugurated by College Principal Saritha Mahesh. NSS PO Ms Anupama SR gave an introduction regarding the programme and Secretary delivered vote of thanks to the audience.

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**RALLY ON WORLD MENTAL HEALTH DAY**



**THEME PRESENTATION RELATED TO WORLD MENTAL HEALTH DAY AT MANJERI NEW BUS STAND**



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### 14.11.19 PROJECT KOODE - CHILDREN'S DAY OBSERVATION

Children' day was observed on 14.11.19 in which 50 volunteers are actively involved in the activities. Tow day programme was scheduled by the NSS Unit. The volunteers conducted competitions for school children in the neighborhood and created awareness. The awareness session includes different child laws. The session was handled by NSS PO Ms Anupama SR. Also the volunteers honored Auto Drivers for their Care while taking trip with them to school.

### CHILDREN'S DAY AT GUP SCHOOL VETTEKODE



### ORIENTATION SESSION FOR CHILDREN AT GUPS VETTEKODE



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**CHILDREN'S DAY WITH NOBLE PUBLIC SCHOOL STUDENTS KG SECTION**

Volunteers organized many games for the children and actively involved in the Children's day activities. School Principal Ms Ameena and College Principal Ms Saritha Mahesh encouraged and motivated the students throughout the session.



**HONOURING AUTODRIVERS AND GIFTED SEED PEN**



**NEWS PAPER REPORT**

മഞ്ചേരി > നോബിൾ വിമൻസ് കോളേജിൽ ശിശുദിനാഘോഷത്തിന്റെ ഭാഗമായി വേട്ടേക്കോട് ജി.യു.പി. സ്കൂളിൽ പെൺകുട്ടികൾക്ക് ബോധവൽക്കരണം സംഘടിപ്പിച്ചു. കുട്ടികളെ സ്കൂളിലെത്തിക്കുന്ന ഓട്ടോറിക്ഷാ ഡ്രൈവർമാരെ ആദരിച്ചു. അവർക്ക് വിത്തുപേനകൾ നൽകി. പ്രിൻസിപ്പൽ സരിതാ മഹേഷ് ഉദ്ഘാടനം ചെയ്തു.



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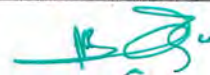
**NOBLE WOMEN'S COLLEGE MANJERI**  
**NATIONAL SERVICE SCHEME UNIT NO 170**

**PAIN AND PALLIATIVE THEME DRAMA AT INDIAN MALL ON 15/01/2020**

The NSS team organized a thought-provoking drama presentation centered around the theme of pain and palliative care at Indian Mall. The event witnessed the active participation of 50 dedicated NSS volunteers, who passionately contributed to raising awareness and fostering empathy towards individuals dealing with pain and terminal illnesses. Through compelling narratives and emotive performances, the volunteers effectively captured the physical, emotional, and psychological dimensions of the human experience in the context of illness and suffering. The presentation not only shed light on the importance of palliative care in enhancing the quality of life for patients and their families but also emphasized the need for greater societal understanding and support for individuals navigating end-of-life issues. The audience, comprising visitors and patrons of Indian Mall, actively engaged with the presentation, demonstrating empathy and solidarity towards the depicted struggles and triumphs. Interactive discussions following the performance provided a platform for meaningful dialogue and reflection, fostering a deeper understanding of the challenges faced by those in palliative care settings. The programme was inaugurated by Mr Salam, Palliative team member and felicitated by Indian mall Manager Mr Reji. NSS Secretary Ahashmi delivered welcome speech and vote of thanks was given by joint secretary Hiba sherin. 50 NSS volunteers participated in the programme.

**PAIN AND PALLIATIVE THEME AT INDIAN MALL ON 15/01/2020**





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Shot on OPPO F5 Youth  
By Lechu



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