NOBLE WOMEN'S COLLEGE, MANJERI

PG DEPARTMENT OF PSYCHOLOGY

BSC PSYCHOLOGY

PROGRAMME OUTCOME

Programme Outcome

- 1. Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.
- Problem Solving: Understand and solve problems of relevance to society to meet the specified needs using the knowledge, skills and attitudes acquired from humanities/ sciences/mathematics/social sciences.
- 3. Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.
- 4. Effective Citizenship: Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.
- 5. Environment and Sustainable Development: To sensitize students regarding the need to protect and conserve environment and ecology, thus encouraging them to be agents of social change and Sustainable Development.
- 6. Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context sociotechnological changes
- 7. Individual and Team Work: To function effectively as an individual, as a member or leader in diverse teams, and in multi-disciplinary global scope
- 8. Social Responsibility: To enlighten students as social beings to involve in debates, discussions etc mediating disagreements and coming up with logical conclusions

| Programme | Specific |
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| Outcome | |

- 1. Understand the different fields of Psychology
- **2.** Acquire basic Theoretical knowledge and practical applications it in different fields of Psychology
- 3. Learn anatomical and physiological aspects of Human Behaviour
- **4.** laboratory experience makes them equipped to use basic Psychological Tests and experiments
- **5.** Enhance Critical thinking of students to relate with current needs of the society in the area of mental Health
- **6.** Develop scientific mind to apply the theoretical knowledge on different disorders and understand the practical application of Psychotherapeutic management during post graduate levels
- **7.** Acquire basic skills to conduct Research work in Psychology using statistical knowledge
- **8.** Analyse one's own psycho-social development towards personal, academic, and professional growth.
- **9.** Choose a Master's Program in Psychology according to their aptitude and interest.

COURSE OUTCOME

SEMESTER I Course Outcome Subject 1. Understand how psychology was developed and became the field of science as we know it now 2. Understand basic psychological processes like sensation & perception, states of consciousness and learning BASIC THEMES IN PSYCHOLOGY-I **3.** Students will be able to know how complex is human mind and each individual is unique **4.** Apply the learnt information in the practical day today life **5.** Able to analyse states of consciousness and can apply various techniques like meditation and mindfulness to improve their own and other's consciousness

SEMESTER II

| Subject | Course Outcome |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| | Understand higher mental processes like intelligence, thinking, motivation and emotion etc. |
| BASIC THEMES IN PSYCHOLOGY-II | 2. Able to explain correlates and determinants of one's behaviour, judgement, reasoning, emotion, motivation, and personality |
| | 3. Equipped to explain why a person is motivated to behave in a particular way |
| | 4. Equipped to test intelligence quotient (IQ) and find out one's level of intellectual functioning |
| | 5. Able to apply the learnt things in the practical situations |

SEMESTER III

| Subject | Course Outcome |
|------------------------------------------------|------------------------------------------------------------------------|
| | 1. Understanding of measurement tools which is |
| | basic of Psychometry |
| | 2. To identify psychometric properties of a |
| PSYCHOLOGICAL MEASUREMENT AND TESTING | psychological test. |
| | 3. To familiar with various psychological tests that |
| | are in common use. |
| | 4. Establish research attitude in students by |
| | teaching research fundamentals. |
| | 1. Able to understand how psychological |
| EVERNIA FAITAL ROYCHOLOGY PRACTICAL LIVEART 4) | phenomenon such as attention and perception |
| EXPERIMENTAL PSYCHOLOGY PRACTICAL I (PART 1) | can be studied using tests and experiments. |
| | 2. Able to conduct and prepare reports on |
| | psychological tests and experiments |
| | objectively. |
| | 3. Acquire basic skills necessary to conduct psychological Experiments |
| | |

SEMESTER IV

| Subject | Course Outcome |
|----------------------------------------------|--------------------------------------------------------------------------------------------------|
| | Explain basic concepts and theories of Intelligence and personality |
| INDIVIDUAL DIFFERENCES | 2. Explain the origins and types of intelligence testing |
| | 3. Describe the tools used for personality assessment |
| | 4. Distinguish between attitude and achievement tests |
| EXPERIMENTAL PSYCHOLOGY PRACTICAL I (PART 2) | Able to understand psychological phenomenon using tests and experiments. |
| | 2. Able to measure Psychological attributes such as memory and illusion |
| | 3. Able to conduct and prepare reports on Psychological tests and experiments objectively. |

SEMESTER V

| Subject | Course Outcome |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Discuss the historical antecedents to modern understandings of abnormal behaviour |
| | 2. Understand the major classification of mental disorders |
| ABNORMAL PSYCHOLOGY-I | 3. Describe etiology related to various abnormal behaviour |
| | 4. Explain the clinical features of mental disorders such as Stress disorders and anxiety disorders, Somatoform and dissociative disorder and Personality disorders |
| | Understand the historical and scientific origin and development of the Social Psychology |
| | 2. Demonstrate the ability to state the fundamental principles of social psychology |
| SOCIAL PSYCHOLOGY | 3. Describe the basic psychological theories, principles, and concepts explaining social perception attitude formation, group processes, |

| | pro-social behaviour, conformity/obedience and stereotyping/prejudice |
|----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | 4. Predict the outcomes of various social situations through application of social psychology principles |
| | Basic understanding of the initial researches done in the field of Developmental Psychology |
| | 2. Get an idea about the different stages of prenatal development |
| DEVELOPMENTAL PSYCHOLOGY-I | 3. Basic understanding regarding physical, cognitive and emotional development in the early stages of life |
| | 4. Enable the student to critically evaluate each person's development stages and pros and cons related to development |
| | 5. Get an idea about theories in this field and their practical implications |
| PSYCHOLOGICAL COUNSELLING | Able to understand the importance and application of psychological counselling. |
| | 2. Able to understand the basic skills necessary for Psychological counselling. |
| | 3. Differentiate different counselling approaches used |
| | 4. Critically analyse ethical issues in counselling |
| | Demonstrate understanding of the biological, behavioural, cognitive and social determinants of health, and risk factors for health compromising behaviours and strategies for their modification |
| HEALTH PSYCHOLOGY | 2. Describe the biopsychosocial model of health and other specific but related psychological theories |
| | 3. Understand the effects of stress on person's health and the role played by stress buffering factors |
| | 4. Able to recommend the stress management strategies |
| | 5. Identify the psychosocial issues related to terminal illness and its management |

| | 1. Explain the basics of Psychology |
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| OPEN COURSE CHOICE I: PSYCHOLOGY AND PERSONAL GROWTH | 2. Explain happiness and its relation with different aspects of life |
| | 3. Identify the components of personal growth |
| | 4. Appraise stress and apply stress management strategies |
| | Develop and exhibit accurate sense of self |
| OPEN COURSE CHOICE II: LIFE SKILL APPLICATIONS | 2. Applying comprehensive set of skills and knowledge for life success |
| CHOICE II. LIFE SKILL AFFLICATIONS | 3. Understand the communication process and its benefits |
| | 4. Able to practice, and translate performance of life skills into efficient habits |
| | Able to Explain assessments of mental health issues in children and adolescent |
| OPEN COURSE CHOICE III: CHILD AND ADOLESCENT MENTAL HEALTH | 2. Discuss the general mental health issues and factors affecting mental health issues |
| CHOICE III: CHILD AND ADOLESCENT MENTAL HEALTH | 3. Basic understanding about the functioning of mental health professionals and the different management strategies used for dealing mental health issue |
| | Understand how psychological phenomenon can be explored using tests and experiments. |
| EXPERIMENTAL PSYCHOLOGY PRACTICAL II (PART 1) | 2. Conduct and prepare reports on Psychological experiments objectively. |
| | 3. Evaluate the effect of different learning methods, transfer of training, and motivation |
| EXPERIMENTAL PSYCHOLOGY PRACTICAL III (PART 1) | Understand how psychological phenomenon can be explored using tests and experiments. |
| | Conduct and prepare reports on Psychological tests objectively. |
| | 3. Able to assess the Intelligence, personality, creativity, adjustment, interest, achievement and decision-making skill of an individual |
| PROJECT | Understand the basic requirements of a research |
| | 2. Applying statistical methods to conduct analysis of data and interpret results |

SEMESTER VI

| Subject | Course Outcome |
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| | Describe the characteristics and clinical features of Substance abuse disorder, Schizophrenia and psychotic disorder, mood disorders |
| ABNORMAL PSYCHOLOGY-II | 2. Explain the Major developmental disorders |
| | 3. Examine the impact of biological, psychological and social factors on the development of psychological disorders |
| | Demonstrate the application of social psychology in different areas like clinical, Educational, health and media. |
| APPLIED SOCIAL PSYCHOLOGY | 2. To get an outline regarding different aspects of social problems in India |
| | 3. Able to examine the media related violence and recommend the preventive measures for aggression. |
| DEVELOPMENTAL PSYCHOLOGY-II | Get an insight regarding the major life changes in Adolescence and Adulthood |
| | 2. Understand the physical, social, emotional and cognitive changes during adulthood |
| | 3. Identify the factors affecting job satisfaction and vocational adjustments |
| | 4. Help the student to become self-aware of the changes happening in one's life |
| | Develop and exhibit accurate sense of self |
| | 2. Able to identify coping skills and its applicability |
| LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING. | 3. Understand the communication process and its benefits |
| | 4. Applying comprehensive set of skills and knowledge for personal enhancement |
| | To understand the conceptual framework of the discipline of Organizational behaviour and its practical applications in the organizational set up. |
| | 2. Analyze individual and group behaviour, and understand the implications of organizational behaviour on the process of management. |

| ELECTIVE 1: ORGANISATIONAL BEHAVIOUR | 3. Evaluate the appropriateness of various leadership styles and the role of leaders in a decision-making process. |
|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| | 4. Understand conflict management strategies used in organizations |
| | 5. Explain group dynamics and demonstrate skills required for working in groups |
| | Understand the concept, meaning and development of theories |
| ELECTIVE 2: PSYCHOLOGY OF CRIMINAL BEHAVIOUR | Understand different types of crimes and nature of criminal offenders |
| | 3. Apply knowledge of correctional psychology in prisoners and juvenile delinquents |
| | 4. Understand the concept and application of forensic psychology in special areas |
| | Develop an elaborative idea about positive psychology in eastern and western perspectives |
| ELECTIVE 3: POSITIVE PSYCHOLOGY | 2. Understand the concept of well- being and identify its implications |
| | 3. Understand various dimensions and applications of happiness |
| | Integrate and apply core concepts of positive psychology to personal and professional life |
| | Prioritize the facts and methods that can be used in solving problems related to learning |
| ELECTIVE 4: EDUCATIONAL PSYCHOLOGY | 2. Understand about people having exceptional abilities and their difficulties |
| | 3. Discuss various theories related to learning |
| | 4. Critically examine the merits and demerits of current educational system |
| | Understand human psychology from cognitive perspective |
| ELECTIVE 5: COGNITIVE PSYCHOLOGY | 2. Discuss the historical antecedents to modern understandings of cognitive psychology |
| | 3. Explain the basic processes in cognition |
| | 4. Describe the terms concept and memory within the scope of cognitive psychology |

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| ELECTIVE 6: FOUNDATIONS OF BEHAVIOURAL SCIENCE | Understand the conceptual framework of the discipline of Behavioural science and its practical applications in the organization. Analyze individual and group behaviour, and understand the implications of organizational behaviour on the process of management. Explain Caste and Community Dynamics and demonstrate skills required to stop bullying. Understand conflict management strategies used in organizations |
| EXPERIMENTAL PSYCHOLOGY PRACTICAL II (PART 2) | Students would be able to understand how psychological phenomenon can be studied using tests and experiments Students would be able to conduct and prepare reports on Psychological tests and experiments objectively Acquire basic skills necessary to conduct |
| | psychological Experiments |
| EXPERIMENTAL PSYCHOLOGYPRACTICAL III (PART 2) | Students would be able to understand how psychological phenomenon can be studied using tests and experiments |
| | 2. Students would be able to conduct and prepare reports on Psychological tests and experiments objectively |
| | 3. Acquire basic skills necessary to conduct psychological Experiments |
| ADVANCED SOCIAL PSYCHOLOGY | Understand different psychosocial reasons behind social issues and scientifically plan and execute psychosocial interventions Conduct work on minor research projects, based on behaviour to contribute for a positive social |
| | change 3. Explain how basic social psychological findings can be used to bring about desired changes compare different explanations for a social psychological phenomenon |
| ORGANIZATIONAL BEHAVIOUR | Apply psychological theories and training for the welfare of individual and organization, so as to contribute for the personal and organizational effectiveness. Work as an Organizational/ Consultant/ Industrial Psychologist, to support Human resource Development and Management. |

| CLINICAL NEUROPSYCHOLOGY | Understand about the development and neuropsychological picture of various psychological disorder Familiarize the various concepts, assessment tools and classification techniques of Clinical Neuro Psychology |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ELECTIVE 1: CLINICAL PSYCHOLOGY | Understand about the development and clinical picture of various psychological disorder Familiarize the various concepts, assessment tools and classification techniques of Clinical psychology |
| ELECTIVE 2: INDUSTRIAL MANAGEMENT | Develop interpersonal and management skills necessary in industrial relations. Develop leadership and decision-making skills in industrial and labour legislation. |
| ELECTIVE 3: HUMAN RESOURCE DEVELOPMENT (HRD) | Impart wider knowledge base in HRD Improve skills of students to become HR professionals |

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